

CREATIVE PURSUITS

Art Makers

Includes drawing, painting, off press printmaking & collage
(7) Tues 1-3pm from 14/2 \$145
(8) Tues 1-3pm from 17/4 \$165

Botanical Art

Create observational drawings & colour studies of various plant elements found in nature.
(8) Wed 1-3pm 2/5 \$165

Calligraphy

Learn the ancient, meditative art of painting Chinese characters. \$5 per session.
Mon 10.30am-12.30pm or Thurs 6.30-8.30pm or
Fri 10.30am-12.30pm

Creative Writing

Use writing exercises & group discussions to improve your writing.
(7) Tues 1-3pm (Beginners) from 14/2 \$117
(7) Thurs 1-3pm (Advanced) from 16/2 \$145 (max 6)
(8) Tues 1-3pm (Beginners) from 24/4 \$133
(8) Thurs 1-3pm (Advanced) from 26/4 \$165 (max 6)

Guitar

Small group class.
(7) Tues 6-7pm (Advanced) from 14/2 \$75
(7) Tues 7-8pm (Beginners) from 14/2 \$75
(8) Tues 6-7pm (Advanced) from 24/4 \$85
(8) Tues 7-8pm (Beginners) from 24/4 \$85

Painting and Drawing

From acrylics to watercolours.
(7) Tues 6.30-8.30pm from 14/2 \$145
(8) Tues 6.30-8.30pm from 17/4 \$165

NEW Stencil Graffiti Art

Create simple Banksy-inspired stencil graffiti artwork.
(1) Sat 1-4pm 24/3 \$35

Sparechair Choir

Emphasis is on fun as we sing a range of songs from classical through to rock. \$2 per session. Thurs 1.30-3pm.

Stitch it up – Learn to Sew

Limited or no sewing experience needed. BYO machine.
(4) Tues 6.30-8.30pm Feb 14, 21 & March 20 & 27 \$85
(4) Tues 6.30-8.30pm from May 29 \$85

CHILDREN'S ACTIVITIES

Dance fun for Tiny Tots (2 1/2- 4yr olds)

(7) Group 1 Fri 9.15-9.45am from 17/2 \$75
(7) Group 2 Fri 10-10.30am from 17/2 \$75
(11) Group 1 Fri 9.15-9.45am from 20/4 \$115
(11) Group 2 Fri 10-10.30am 20/4 \$115

Drama for Kids (8-11yr olds)

A mix of drama games, working towards a mini performance.
(7) Fri 4.30-5.30pm from 17/2 \$112
(8) Fri 4.30-5.30pm from 27/4 \$125

NEW Jazz Ballet (8+years)

Unique moves, fancy footwork, big leaps & quick turns.
(5) Mon 4-5pm from 20/2 \$55
(10) Mon 4-5pm from 16/4 \$105

NEW Hip Hop (8+years)

A dynamic dance utilising rhythmic movements to current music.
(5) Mon 5-6pm from 20/2 \$55
(10) Mon 5-6pm from 16/4 \$105

Little Art Makers (6-11yrs old)

Explore drawing, painting, printmaking & sculpture.
(7) Group 1 Tues 4-5pm from 14/2 \$112
(7) Group 2 Thurs 4-5pm from 16/2 \$112
(11) Group 1 Tues 4-5pm from 17/4 \$165
(11) Group 2 Thurs 4-5pm from 19/4 \$165

NEW Teenage Art Makers (12-15yrs old)

Explore painting, drawing, off press printmaking & collage.
(7) Thurs 5.30-6.30pm from 16/2 \$112
(11) Thurs 5.30-6.30pm from 19/4 \$165

NEW Science Rocks (6-10yrs old)

Discover the wonder of airpower, froth and bubble, 'eggsperiments' & more.
(7) Wed 4-5pm from 15/2 \$112
(8) Wed 4-5pm from 2/5 \$125

Music Fun for Tiny Tots (babies-3yrs old)

Explore different instruments & sound using percussion, rhymes, puppets & musical stories.
(7) Tues 9.30-10.15am from 14/2 \$75
(11) Tues 9.30-10.15am from 17/4 \$115

Music Fun for Preschoolers

Learn basic music skills in a fun environment.
(7) Tues 10.15-11am from 14/2 \$75
(11) Tues 10.15-11am from 17/4 \$115

NEW Languages for Preschoolers (2-5yr olds)

Have lots of fun singing, dancing, playing games & creating simple crafts.

Spanish

(6) Thurs 9.15-10am from 23/2 \$65
(11) Thurs 9.15-10am from 19/4 \$115

Mandarin

(6) Mon 9.15-10am from 13/2 \$65
(10) Mon 9.15-10am from 16/4 \$105

Playgroup

Parents new to Kew or in transition between neighbourhoods are especially welcome to join this facilitated group with Denise. Come along when you feel like it. \$5 per family per session. Tues 9.30-11am (2 years and under)
Wed 12.30-2.30pm (any age welcome)
Fri 10am-12noon (any age welcome)

Playgroup for Grandparents

Lots of creative play activities for the grandparent & their grandchildren - from babies to pre schoolers.
Wed 10.30am-12noon \$5

Shoestring Occasional Care

Take a break while your children explore & investigate through play in our warm & inviting space. Bookings & payment made on a school term basis. \$32 per session.
Mon, Tues, Wed or Thurs 9am-12noon.

Shoestring Plus (3-5yr olds)

Activities include cooking & science, drama, art & music appreciation. Suitable for those who have missed kinder or as an additional activity. Enroll for 1 or 2 afternoons.
\$32 per session paid on a school term basis
Mon, Tues, Thurs, or Fri 1-4pm

January - June 2012 Course Guide

Kew Neighbourhood Learning Centre



explore new experiences...

COMMUNITY AND VOLUNTEER ACTIVITIES

Chinese Activity Group

Recreational, educational & support activities for members of our Chinese speaking community. A time to come together & chat about life experience & find out about other activities & services in the community. Jointly funded by the Australian & Victorian Governments. Tues 10am-1pm. Contact Helen Lin on 9853 3126.

NEW Cafe Poet

2012 will see the appointment of Anne M Carson – widely published and broadcast Melbourne poet as the Learning Centre's first Cafe Poet. Funded through the Bendigo Bank's Community Grants Programme, from February she'll be resident in the cafe to listen to your stories and write poems inspired by them.

Cultures Together

Do you want to get to know people in Boroondara from a different cultural background to you? Or, are you a second language learner who would like to practice your English? We match mentors with learners for conversation practice. Contact Andrea on 9853 3126 on Thursday afternoons.

NEW Harmony Day

Come along & help us celebrate National Harmony Day – everyone belongs! Wed 12.30-2pm 21/3

Inclusive Communities Program (ICP)

The program provides free educational, recreational & social support activities for people of all abilities, particularly for people recovering from mental ill health. Funded by the Australian & Victorian Government. Depending on needs & interests participants are able to access not only the programs below but the full range of programs on offer at KNLC. Contact Bev Rae on 9853 3126.

Monday: 10.30-12noon Gardening Group; 1-2pm Music Group; 2-3pm KNLC Band

Evening/weekend course

Tuesday: 10am-12noon Volunteer Opportunities (indoor & outdoor); 1-3pm Craft Exchange; 1-4pm Computer Literacy
Wednesday: 11am-2pm Getting Out
Thursday: 10-11am Swimming; 11am-12noon Dance-time; 12.30-3.30pm Art project space.

Men's Shed

The "Q" workshop provides a place to work on an individual project, fix something, help with maintenance jobs around KNLC or contribute to special group projects. Drop in Mon 1-3pm or Thurs 10am-3pm or contact Bill Humphries.

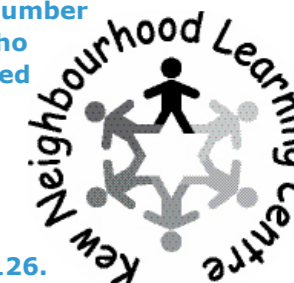
NEW Spairchair Club

Meet Karen in the Sparechair cafe Wednesday afternoons to enjoy Devonshire tea in the company of others. For members of our community 70 plus who are living on their own. Wed 2-3pm starts 15/2 \$2

Volunteer Group Facilitators

Share your skill with other people by running a group/program at KNLC. A number of our low cost activities are run by volunteers. Name your passion & we will help promote the activity.

Kew Neighbourhood Learning Centre courses are for everyone in the community. Please do not let cost stop you from attending one of our programs. We keep a number of places free for people who are financially disadvantaged and for people recovering from mental ill health. Concessions for all healthcare card holders available. Talk to Bev Rae on 9853 3126.



Enjoy a fresh baked muffin, cakes, frittata, salad, foccaccia or bowl of soup. Prices from \$3 - \$7

Open from 8.30am - 2.30pm Monday to Friday.

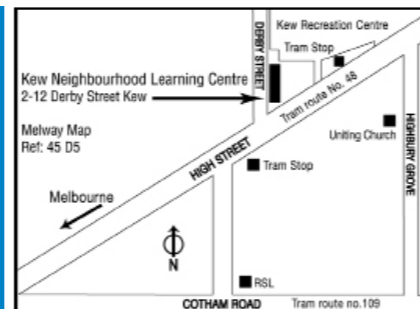
How to enrol for a course
Bookings and payment (Cash, EFTPOS, cheque or credit card) can be made:

- in person Monday to Thursday 9am - 4pm
- over the phone on 9853 3126
- by email admin@kewnlc.org.au

Full payment is needed to secure your place

Membership of KNLC

All people enrolled in any activities at KNLC are automatically members of KNLC for the calendar year of their enrolment and are eligible to vote at our Annual General Meetings.



TECHNOLOGY AND WORKSKILLS

Small class sizes of between 6-9 people get you started with computers in a fun relaxed environment.

Intro to Apple Mac (Apple 1)

BYO Apple Mac laptop. Course incorporates word processing, file management, backup, trouble shooting, internet, music & video. \$145

(7) Thurs 1-3pm (Beginners) from 16/2

Getting to Know Your Laptop (Windows 7)

Everything you have ever wanted to know about your new laptop. \$145

(7) Thurs 10am-12pm from 16/2

Biting Into Apple (Apple 2)

BYO Apple Mac laptop & further your skills. \$165

(8) Thurs 1-3pm from 3/5

NEW Skype on your Laptop (Windows 7)

(3) Thurs 10am-12pm from 10/5 \$68

NEW Skype on your Laptop (Apple Mac)

(3) Thurs 10am-12pm from 7/6 \$68

Computers for Chinese Speakers

Government funded places through ACFE. \$60

(20) (Advanced) Tues 9-11am from 7/2

(20) (Beginners) Tues 11-1pm from 7/2

Click on Computers 1

For complete beginners. Particularly suitable for seniors.

Practise your mouse & keyboard skills; discover the internet & become familiar with Google; set up & use email & much more.

(7) Wed 9-11am from 15/2 \$145

(7) Thurs 9-11am from 16/2 \$145

(8) Thurs 9-11am from 3/5 \$165

Click on Computers 2

Continue the journey into internet, Gmail & Microsoft Word at a slightly more advanced level. \$165

(8) Wed 9-11am from 18/4

Computer Literacy

Government funded places through ACFE for learners with a health care card. Learn basic computer skills at your own pace in a small friendly group whilst working on a project of interest to you.

Tues 1-4pm

(8) Wed 9-11am from 18/4

Computer Literacy

Government funded places through ACFE for learners with a health care card. Learn basic computer skills at your own pace in a small friendly group whilst working on a project of interest to you.

Tues 1-4pm

NEW Photo Book Projects

Using your digital photos create an album of your travels or special celebrations. Pre-requisite: basic computer knowledge. \$165

(8) Mon 10am-12pm from 23/4

Excel

Create & modify simple worksheets, design formulas, produce graphical charts & develop an Excel database. Pre-requisite: basic computer skills & comfortable with Windows. \$165 plus cost of manual.

(8) Fri 11am-1pm from 20/4

NEW Advanced Word

Create a table of contents, index, cover pages & templates. Work with electronic forms, insert content from other sources & more. \$145 plus cost of manual.

(7) Fri 11am-1pm from 17/2

Facebook

Learn what this social networking site is all about. \$45

(2) Thurs 11am-1pm from 15/3

(2) Thurs 11am-1pm from 7/6

Facebook

Learn what this social networking site is all about. \$45

(2) Thurs 11am-1pm from 15/3

(2) Thurs 11am-1pm from 7/6



HEALTH & WELLBEING

Small group classes by highly qualified teachers based on a maximum of 8 in a group.

Balance Back to Exercise

For older adults. Small group, strength & resistance training with strong focus on balance & stretching. Includes work from a chair where required.

(7) Mon 9.30-10.25am from 6/2 \$85

(8) Tues 11.15am-12.15pm from 7/2 \$93

(10) Mon 9.30-10.25am from 16/4 \$115

(11) Tues 11.15-12.15pm from 17/4 \$126

Bike Ride in Company

Rides via bike paths & lanes. Bring money for a coffee stop. Must have bike in good working order.

Tues 9.30am-Beginners contact angelanicolson@hotmail.com

Wed 9.30am-Intermediate 30kms plus rides contact

robinkenrick@gmail.com

Fit for You

Core strength & resistance training, stretching, body balance & modest cardiovascular conditioning.

(7) Mon 7.30-8.25am from 6/2 \$85

(7) Mon 8.30-9.25am from 6/2 \$85

(8) Wed 8.30-9.25am from 8/2 \$93

(10) Mon 7.30-8.25am from 16/4 \$115

(10) Mon 8.30-9.25am from 16/4 \$115

(10) Wed 8.30-9.25am from 18/4 \$115

NEW Nia

A cardio workout combining dance, martial arts & healing arts - all welcome! Small group of 6.

(8) Thurs 9.30-10.25am from 9/2 \$100

(10) Thurs 9.30-10.25am from 19/4 \$125

NEW Mat Pilates

(8) Thurs 8.30-9.25am from 9/2 \$93

(11) Thurs 8.30-9.25am from 19/4 \$126

Table Tennis

Renew your skills or learn new ones.

Location: Kew Uniting Church Highbury Grove Kew. \$3.

Mon 7-8.30pm

Tai Chi

Beijing 24 style. Suitable for beginners.

(7) Mon 1-1.55pm from 6/2 \$75

(7) Mon 2-2.55pm from 6/2 \$75

(10) Mon 2-2.55pm from 16/4 \$105

(10) Mon 1-1.55pm from 16/4 \$105

Tai Chi for Arthritis

(7) Mon 3-3.55pm from 6/2 \$75

(10) Mon 3-3.55pm from 16/4 \$105

Walk and Talk

Meet in the hallway at KNLC. Self run group. Free.

Tues 9.30-10.30am

Yoga

A dynamic class bringing balance & harmony to body, mind and spirit.

(8) Tues 8.30-9.25am (General/Intermediate) from 7/2 \$105

(8) Fri 10.45-11.45am (Beginner) from 10/2 \$105

(11) Tues 8.30-9.25am (General/Intermediate)

from 17/4 \$143

(11) Fri 10.45-11.45am (Beginner) from 20/4 \$143

Yoga & Meditation

(8) Wed 6.30-8pm from 8/2 \$135

(10) Wed 6.30-8.30pm from 18/4 \$170

GENERAL INTEREST

Book Group

Come along to any session that interests you. Check our website www.kewnlc.org.au for this month's book. Last Thurs of month 11am-12.30pm

Bridge Social Group

Self run group. For experienced players

Mon 1-4pm \$2 session.

NEW Mahjong

During school terms. For beginner players.

\$5 per session Fri 9.30-11.30am

NEW Goal Setting Workshop

Learn valuable tools to get more out of your life. \$30 includes both sessions.

(2) Wed 7pm-9pm from 14/3 & 28/3

NEW Women & Money:

Taking control of your future

Manage your finances & plan for financial security in retirement. Understand more about finance & investment & prepare your own financial plan. \$45

(2) Wed 7-9pm 7/3 & 21/3

(2) Wed 7-9pm 13/6 & 27/6

NEW Parenting: A new look at an old job

Work with your own natural instincts to sensitively respond to your children's needs. \$140

(7) Thurs 7-9pm from 16/2

KNLC Language Classes

Travellers courses will teach you basic grammar, pronunciation & practical everyday language. Beginners classes are suitable for complete beginners as well as students who may have had some lessons in the past. Students will learn to write, basic vocabulary and grammar as well as common, every day conversation through a variety of class activities.

(6) Mon 10.30am-12.30pm from 13/2 \$125; (8) Mon 10.30am-12.30pm 23/4 \$165

(6) Mon 10.30am-12.30pm from 13/2 \$125; (8) Mon 10.30am-12.30pm 23/4 \$165

(6) Mon 10.30am-12.30pm from 13/2 \$125; (8) Mon 10.30am-12.30pm 23/4 \$165

NEW Mandarin for Beginners:

(6) Mon 10.30am-12.30pm from 13/2 \$125; (8) Mon 10.30am-12.30pm 23/4 \$165

Italian for Travellers:

(7) Thurs 6.30-8.30pm from 16/2 \$145; (8) Thurs 6.30-8.30pm from 26/4 \$165

NEW Spanish for Travellers:

(6) Wed 7-9pm from 22/2 \$125 + cost of manual

(8) Wed 7-9pm from 18/4 \$165 + cost of manual

NEW Spanish for Beginners:

(6) Thurs 10.15am-12.15pm from 23/2 \$125 + cost of manual

(8) Thurs 10.15am-12.15pm from 26/4 \$165 + cost of manual

NEW French for Travellers:

(7) Wed 7-9pm from 15/2 \$145; (8) Wed 7-9pm from 2/5 \$165

Saturday Cooking Workshops

A range of Saturday afternoon cooking classes to tempt & inspire. Saturdays 1pm-4pm \$50 per session

NEW (1) Mediterranean Summer Salads 25/2

NEW (1) Italian Summer Antipasto 3/3

NEW (1) Easy Italian at Home 17/3

(1) Pasta Making 21/4

(1) Vegetarian Cooking 19/5

NEW (1) Italian Cakes, Sweets & Biscuits 9/6

NEW (1) Winter Warmers 23/6

Gardening Group

Come & help maintain all the garden areas at KNLC including our herb & veggie gardens.

Meet Mondays at 10.30am-12pm

